



## CAMPER PACKING LIST

If you are reading this, it means you are getting ready to pack your bags and head to Kahquah for an AWESOME week! Please read each item carefully as they will need all of these items for their week here! Please ensure that everything is well marked with your camper's name.

- Several sets of camp clothing (please do not bring expensive clothing, or anything you don't want dirty or well-worn). Please ensure that clothing is modest.
- Warm clothing for the evening/water repellent jacket
- An extra pair of shoes, make sure one pair are running shoes
- Plastic bag to store wet or dirty clothes in for return trip to home
- Sleeping bag, pillow & pajamas
- Swimsuit (for female campers, one piece, or modest tankinis, no bikinis please)
- Towels- 1 beach & 1 shower towel
- Toiletries (including soap, shampoo, comb, toothbrush, toothpaste, deodorant)
- **Water bottle with your camper's name on it**
- **Mosquito repellent**
- **Sunscreen and hat**
- Reading material
- Bible (if you have one)
- Journal (optional)
- Flashlight (optional)
- Money for the tuck shop (if you haven't prepaid when you registered)
- Prescription Medication
- Costumes or props for lunch dress up according to theme of week

Please send medications in their original pharmacy-marked bottle with correct dosages and doctor's name included. Extra meds can be left at home if you don't want to send the entire prescription but please send the original bottle. We will have a health care professional on site to administer all medication to your children.

### **What Not To Pack**

- Cell phones
- Gaming devices and iPods
- Cigarettes/alcohol/non-prescription drugs
- Pocket Knives or other potentially dangerous objects

Over the years the impact of technology has become more and more prevalent with our children and youth. As we understand the need and draw for technology, we ask that these devices be left at home due to the increased risk of them breaking/getting damaged and the privacy of other campers. Thanks so much for your understanding!